

Older Driver Safety & Community Mobility

In the past three years, 541 people were killed in Missouri and 3,209 were seriously injured in traffic crashes involving an older driver.

- In 2005, people 65 years of age and over accounted for nearly 15 percent of the licensed drivers in the state.
- Older drivers were involved in 15 percent of the fatal traffic crashes and 12 percent of the crashes involving a serious injury in the last three years.
- Aging baby boomers and increases in life expectancy are likely to cause the proportion of the senior population in Missouri to rise from about 10 percent today to over 18 percent by 2020.

As people age, they may experience changes in vision, limited mobility, slower reflexes, delayed reaction time, drowsiness and trouble judging distance or speed. It's important to understand that growing older doesn't always mean giving up driving but it may mean making



changes in how and when you drive. MoDOT, the National Highway Traffic Safety Administration and the American Society on Aging will be partnering with organizations and individuals in the state to focus on older driver safety and community mobility.



A comprehensive older driver intervention program that includes a core set of programs will be implemented or promoted in:
Kansas City, St. Louis, Springfield, Columbia, and Cape Girardeau.

The core programs:

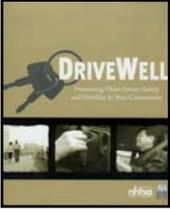
- DriveWell
- CarFit
- NHTSA Law Enforcement Module
- Roadwise Review™
- Assessing & Counseling the Older Driver

For an overview of these programs see the reverse side



For more information on how you can be involved, contact 800-800-2358.

Overview of Core Programs



DriveWell Toolkit – The toolkit provides comprehensive information for planning, promoting and presenting public information events on older driver safety and community mobility. Included in the toolkit: background information on the issue and a 20-minute video including a presenter's guide. Toolkit materials can be incorporated into existing programs of varying lengths of time. The training lasts 5 hours. Each participant attending the training will receive a free copy of the toolkit. Those trained are expected to do educational programs in their community using toolkit materials. Audiences for the information include older drivers, family members, social service and aging service providers.

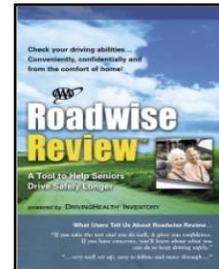
For more information about DriveWell, visit www.asaging.org/drivewell

CarFit – This program is designed to give older drivers a quick but comprehensive check of how well they fit in their vehicle. There is a 12-point checklist that the trained professional or volunteer goes over with the older driver. We will be holding a training session to train CarFit Instructors/Event Coordinators from each of the five communities. The training is 2 days -- the first day is classroom training and the second day includes staging a "live" CarFit event with older drivers. For more information about CarFit, visit www.asaging.org/carfit



NHTSA Law Enforcement Module – This course should be taught by law enforcement to law enforcement. The course includes video, handouts, a simulated traffic stop, and a group exercise to engage participants in this important topic. This is a 3½-hour course.

Roadwise Review is a CD-ROM based program that older drivers can use to check their driving abilities in a convenient and confidential fashion. It will allow them to identify health and fitness issues that affect their driving by enabling them to check visual, mental and physical responses. The program will also identify steps to reduce their risk behind the wheel and/or speak with their doctor about how to maintain their fitness to drive. The program takes about 45 minutes to one hour to complete.



For more information on Roadwise Review, visit www.aapublicaffairs.com

Assessing & Counseling the Older Driver is a 3-hour presentation given by Thomas Meuser, PhD, and David Carr, MD, with Washington University School of Medicine. This is an evidence-based workshop for physicians and health care professionals co-sponsored by the Older Driver project of the American Medical Association. The program will provide physicians and other health care professionals with the tools they need to assess and counsel older patients on medical fitness-to-drive. Attendees will receive continuing medical education credits for attending this training.

For more information, visit www.ama-assn.org/ama/pub/category/10791.html

For the latest update on the Older Driver Safety & Community Mobility Campaign visit www.modot.org/safety